

## PACKING LIST

- **Weather and What to Bring**

As you are packing for your trip to Molokai be sure to go online to check the weather forecast, noting that the Hui is located up on a hill near the lower edge of the rainforest, and is therefore a bit wetter and several degrees cooler than the general Molokai forecast. Here is a link to the [weather for our closest town, Kualapu'u](#)

One of the most important things guests have learned over the years is PACK LIGHT! You need very little here. Pack so that you can easily carry your luggage up a staircase or down to your cabin. We do supply bath and beach towels. The nighttime island beauty of pure darkness and incredible starry nights are part of the magic of time spent on Molokai, so be sure you bring a flashlight. Small and light enough luggage so you can carry it to your cabin, the pathways are covered with bark.

- 2-3 light changes of clothing that can be rinsed out is plenty. (no laundry)
- I am suggesting comfortable clothes which you can layer and sit on the ground with.
- The soil is red and stains, so don't bring your favorite light clothes and shoes. Most of the lessons will be in a yurt or open air pavilion, with mats, cushions and blankets.
- Bring something warm for our cool evenings, such as a fleece jacket and a pair of warm socks.
- Mostly you'll wear slip-off shoes or sandals (Hawaiian custom is to remove your shoes before entering a home). Tennis shoes for walking and/or running, if you choose so.
- You will be walking on paths at night with minimal or no lighting, be sure you bring a flashlight or headlamp. There is electricity in the rooms in the lodge, in the cabins and bathrooms.
- Ear plugs, maybe bring extras for your roommate.
- Pen and journal, if you like to sketch bring what you need.
- If you play an instrument feel free to bring it.
- The strong sun and amount of time spent outdoors can be more dehydrating than you might be used to, carrying a water bottle is essential for your energy and well-being.
- Bring what toiletries and sun screen you will need, as island shopping is limited. There is shampoo, bubble bath and bath salts with showers and tubs.
- Bring whatever medication and supplements you are used to.
- Mosquitoes can be out at certain times of the year, so bring an insect repellent if this concerns you. Herbal products made with eucalyptus oil work well for many people.
- It can be rainy so a light rain jacket would be wise.
- Bring either cash or US checks, as we do not take credit cards for our gallery or massage therapist.
- Only bring teas or snacks you absolutely can't live without, there is plenty of food served freshly, 3 times a day. No food in the bedrooms, to not attract critters, yet there is a small, shared fridge for guests on the lanai of the lodge.